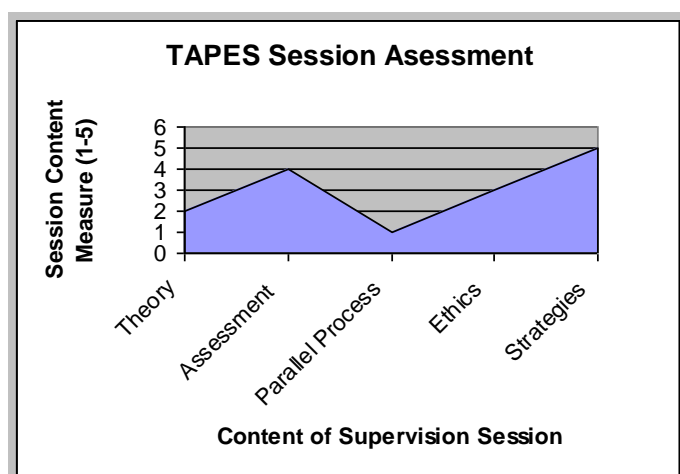


## Support/Supervision Session TAPES Assessment

One possible way for a ministry supporter/supervisor to reflect on the content of a support session with a client is to analyse it against the five TAPES measures:

**Theory**  
**Assessment**  
**Parallel Process**  
**Ethics**  
**Strategies**

At the end of a session the supporter rates the session content against these five measures on a % scale and graphs accordingly:



The supporter shares their assessment with the client and agreement is sought around this assessment.

So what is TAPES measuring in detail?

- **Theory:** Reflection around theological, philosophical, and academic understandings about the issues discussed. Such reflection demonstrates the client's awareness of the background issues in their work with their own clients.
- **Assessment:** Having noticed what the issues are for their client, what resulted, e.g. referrals made, assessments done, conflict managed, etc.
- **Parallel Processes:** The degree to which personal issues and relationships were discussed that are raised in the work/ministry. In particular transference and counter transference issues noted, e.g. anger triggers anger.
- **Ethics:** Discussion about how to respond to issues raised, e.g. sexual abuse. Two heads are better than one. Reassurance or affirmation given.
- **Strategies:** The application of theory to the situation, e.g. how to help a client with an anger problem.